

## ABOUT US



### Dr. Barbara Sharief

Dr. Barbara Sharief graduated from North Miami Senior High School and immediately started Miami Dade Community College. She later graduated from Jackson Memorial Hospital School of Nursing and obtained an Associate of Science Degree in Nursing from Miami Dade Community College. Dr. Barbara is one of the youngest persons to have passed the RN boards in the State of Florida. She continued her educational pursuit and obtained a **Bachelor of Science in Nursing, Master of Science in Nursing, and an Advanced Registered Nurse Practitioner Degree from Florida International University. Dr. Sharief obtained her Doctor of Nursing Practice from Wilkes University Pennsylvania.**

Dr. Barbara has over 30 years of experience in the specialized field of issues pertaining to medically complex children and adults. Dr. Barbara Sharief's 31-year career allowed her the opportunity to work in various areas of healthcare which includes medical surgical nursing, pediatric hematology oncology, pediatric and adult intensive care, adult/pediatric organ transplantation, HIV/AIDS adult/pediatric care, hospice and home healthcare for children and adults. Through this invaluable experience, Dr. Barbara was successful at creating, and running successful homecare businesses. Currently Dr. Barbara Sharief owns and operates a sole practice in Hollywood and prides herself on providing high





### Vitamin Shots

We pride ourselves on providing the highest quality comprehensive pediatric care to our clients. We are proud to offer the highest quality Vitamin Shots produced by certified pharmacies locally.

[Learn More](#) ➞



### Weight Loss Management

We pride ourselves on providing the highest quality comprehensive pediatric care to our clients. We offer high quality compounded weight loss medications produced by certified pharmacies. Additionally we gain prior authorization approvals from insurance companies who will cover some Brand named weight management medications like Ozempic, Mounjaro, Zepbound and Rybelsus.

[Learn More](#) ➞



### Semaglutide

We offer high quality compounded weight loss medications produced by Legit Script certified pharmacies.

[Learn More](#) ➞

We pride ourselves on providing the highest quality comprehensive pediatric care to our clients.

[Learn More](#) 

We pride ourselves on providing the highest quality comprehensive adult care to our clients.

[Learn More](#) 

We are proud to offer the highest quality IV therapy products by certified pharmacies locally.

[Learn More](#) 



### Vitamin Shots

We pride ourselves on providing the highest quality comprehensive pediatric care to our clients. We are proud to offer the highest quality Vitamin Shots produced by certified pharmacies locally.

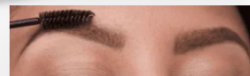
[Learn More](#) 



### Weight Loss Management

We pride ourselves on providing the highest quality comprehensive pediatric care to our clients. We offer high quality compounded weight loss medications produced by certified pharmacies. Additionally we gain prior authorization approvals from insurance companies who will cover some Brand named weight management medications like Ozempic, Mounjaro, Zepbound and Rybelsus.

[Learn More](#) 



## MEDICALLY SUPERVISED WEIGHT MANAGEMENT

Weight loss with Semaglutide. We offer compounded Semaglutide for chronic weight management in adults with obesity. If you are not approved for the brand-name medication Ozempic or Wegovy, we offer a compounded form of Semaglutide right here in Hollywood, Florida.



### SEMAGLUTIDE MAY BE YOUR ANSWER....

Semaglutide works by mimicking a hormone called glucagon-like peptide-1 (GLP-1) that **targets areas of the brain responsible for regulating appetite and food intake.**

The most common side effects of Semaglutide include nausea, constipation, abdominal (stomach) pain, headache, fatigue, dyspepsia (indigestion), flatulence (gas buildup), gastroenteritis (an intestinal infection), and gastroesophageal reflux disease (a type of digestive disorder).

This weight loss treatment is administered through a **weekly subcutaneous injection in the abdomen, behind the arm, or**

Schedule Appointment



## Dr. Barbara Sharief

AUTONOMOUS NURSE PRACTITIONER

I love caring for others, I am a **Doctor of Nursing Practice with 34 years** in the Healthcare profession. Throughout my career, I have worked with **children and adults** with medically complex conditions.

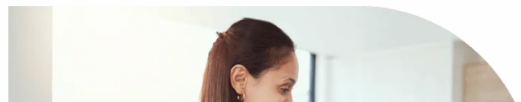
Furthermore, I believe health and wellness can be achieved through preventative care. As a result, we offer regular well care checkups as well as holistic IV therapies.

Scroll below for more information.

Dr. Barbara Sharief

Learn More

Comprehensive  
Pediatric Care





**Dr. Barbara Sharief MSN, A.P.R.N.,  
D.N.P. LICENSE# APRN 2632922  
NPI# 1144506155**

Autonomous Nurse Practitioner



**Tasha Patterson, MSN, APRN,  
AGPCNP-BC LICENSE# APRN  
9344826 NPI# 1851760854**

Autonomous Nurse Practitioner



## Dr. Barbara Sharief

Dr. Barbara Sharief graduated from North Miami Senior High School and immediately started Miami Dade Community College. She later graduated from Jackson Memorial Hospital School of Nursing and obtained an Associate of Science Degree in Nursing from Miami Dade Community College. Dr. Barbara is one of the youngest persons to have passed the RN boards in the State of Florida. She continued her educational pursuit and obtained a **Bachelor of Science in Nursing, Master of Science in Nursing, and an Advanced Registered Nurse Practitioner Degree from Florida International University. Dr. Sharief obtained her Doctor of Nursing Practice from Wilkes University Pennsylvania.**

Dr. Barbara has over 30 years of experience in the specialized field of issues pertaining to medically complex children and adults. Dr. Barbara Sharief's 34-year career allowed her the opportunity to work in various areas of healthcare which includes medical surgical nursing, pediatric hematology oncology, pediatric and adult intensive care, adult/pediatric organ transplantation, HIV/AIDS adult/pediatric care, hospice and home healthcare for children and adults. Through this invaluable experience, Dr. Barbara was successful at creating, and running successful homecare businesses. Currently Dr. Barbara Sharief owns and operates a sole practice in Hollywood and prides herself on providing high quality adult and pediatric care.



TRANSFORM YOUR HEALTH JOURNEY

## Embrace wellness with The Beauty & Balance Spot

With over 34 years of expertise, we offer personalized health and weight solutions. Relax in luxury while our experienced nurses deliver top-quality IV treatments. Achieve balance and feel your best today!

[Schedule Appointment](#) ➔

## Blog



**The Power of Professional Guidance: My Journey with GLP-1 Weight Loss and How You Can Succeed Too**

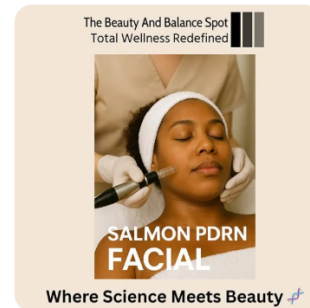
August 27, 2025 /// No Comments



**NAD+: The Secret to Anti-Aging and Better Health**

August 20, 2025 /// No Comments

[Read More »](#)



**The Anti-Aging Power of Salmon PDRN Facials**

August 13, 2025 /// No Comments

[Read More »](#)